

THE TIGER PEN

VOLUME III, ISSUE II



TABLE OF CONTENTS

Stand Out Tiger

2

Netflix & Video Games

5

Toxic Friendships

8

School Speakers

9

State Fair

3

Fall Movie Preview

6

Memes & Word Scramble

13

Canelo-GGG

15

Dealing with Tragedy

10

R.I.P. Mac Miller &
Jellyfish

11

Sports

14

Respectful is word too often used and has therefore lost some of its meaning. Many people are, in fact, respectful. For Hector Garcia, the meaning has not lost its sense. Hector Garcia has been nominated and selected as this school years first Stand Out Tiger. Hector is one of those kids you don't often meet or interact with that is just an all-around nice and cool person. The recommendations of support to be the Stand Out Tiger were warming and exceptional. "He is very respectful and such a hard worker," said one teacher. He "is so polite and really cares about school," proclaimed another. "[A] stand-up young man. Very polite and respectful," and "He's an outstanding student and works hard," said other staff. The enthusiasm for his recommendation is rarely seen by the Tiger Pen and was near unanimous. We got to sit down and speak to Hector about his selection, which revealed how true the comments about him hold.

It feels "real good," said Hector, upon hearing of his nomination. After hearing the comments for his recommendation, Hector expressed his gratitude. It felt good to hear the comments, said Hector, "[because you] don't get those on a daily basis. Hard work pays off." Hector was quite shocked at first, but when I went on explaining what a cool kid he was, he became lost in his words a bit, an indication that he is humbled by how high people think of him. It is "just my job," he said.

Hector said he thanks his family and his upbringing by his parents for being who he is. He came from Rio Grande where he, at one point, had "straight F's." He didn't like what was going on and he decided to change and moving to Mark Armijo Academy helped in his transition. "I was taught that you come to school and do your job" and so he changed to avoid disappointing his family. He went on to say after seeing how hard his parents work, he just wants to make them happy.

Being respectful and considerate, just comes naturally to him now because of how he was raised. In fact, during this interview, a student happened to walk near us cussing and spewing F-bombs for no apparent reason. In fact, this student was by himself. Working here for seven years now, I didn't even notice the actions of this deviant, blissfully carrying on our conversation. Hector, however, paused, pointed, and said "I don't get that. Why do that?" With a quick shrug and a look of disgust, Hector continued our conversation, saying, he was grateful to be at this school and for the school "giving him the opportunity to be here." There lies Hector in a nutshell: even though this article is about him as an outstanding young man, he thanked *us* for letting *him* be here.

Honorable mentions: Abygail Olivas for her determination and helping other students. Luis Valencia for being positive and having a positive outlook and great work habits. Judith Chacon for being so positive and working hard.



Hector says being at school is "just my job." Seen here taking down the federal and state flags, Hector does more than just his job and many have noticed.



This year's State Fair:

Who doesn't love to go to the state fair for a little fun? You can get on various rides such as The Stinger, The Tornado, the Fireball, Pharaoh's Fury, Air race, Sizzler, Zipper and many more. Aside from that, there is food, in case you are hungry. These are turkey legs, corn on the cob, lemonade, ice cream, cotton candy, popcorn and much more. If your not there for the rides, there are other events that are held. For example, there are historical events that the Natives and Hispanics hold, art galleries, shops, animal barns, and more.



Passed State Fair Accidents:

Besides having fun at the state fair, there are also sad events which we know as accidents. There have been past accidents over the years such as machine malfunctions, people not getting secured safely and other things. For instance, in El Paso, Texas, a 16- year old person was thrown off and killed on the ride Sizzler. A 15-year old girl witness said that it was horrible for a ride to go from fun to horrifying. Besides that, there have been other accidents that took place in Chardon Ohio, Cleveland Ohio, Memphis Tennessee and the state fair accident in Ohio which occurred last year in 2017. Last year, the Ohio state fair there was an accident in which one person died and more than a dozen people were injured. There was a malfunction in which the ride called Fireball had crashed down in such a high speed and flung the people out.



Staying Safe:

Due to the passed accidents, people at the state fair have gotten themselves hurt or even killed so it is critical that we should take precaution. As making sure you are strapped well in your seat, keep your arms in, (no swinging them around or anything like that. [If its a roller coaster then maybe] It's possible that your arm could bang against something such as the ride our you can injure yourself) or if your not going on any rides, then make sure to stay at a safe distance away from them.

continued on next page...

My Opinion and Day at the Fair:

My opinion on the State Fair is that you should always have fun, go on rides and spend time with families. Never the less you should always stay safe and don't do crazy things that can lead you to getting hurt or getting kicked out of the fair. When I went to the fair on Saturday 15th I saw and learned new things from the cultural events they hold in the State Fair. I also went on rides such as the Tornato, The Ferris Wheel, the Sky Flyer, Bumper carts, the Wild Mouse, and a new ride that came out this year in which its like a tramway.

Having Fun and Staying Safe:

It's always fun to go on crazy rides such as the Stinger but if you're not careful, then you can get really injured. If you're afraid to go on a ride then you shouldn't feel forced to go in it. If people start making fun of you or are trying to force you onto a ride they do not have the right to do so. After all you are the one in control of your decision and as the saying goes, 'better safe than sorry.' Make sure that you have fun at the fair but also stay safe.



This photo shows the New Mexico State Fair in the night taken several years ago.



One of the first shows that you should watch on Netflix is Riverdale. This show is about four teenagers, Archie Andrews, Betty Cooper, Jughead Jones and Veronica Lodge, who go on adventures to find out what happened to their classmate, Jason Blossom. The show is based off the Archie Comics. Season 1 and Season 2 are already out and Season 3 will be out on October.



BY: BRENDA
NETFLIX SHOWS

On Netflix, there is a bunch of television shows that are worth watching. Today, I'm going to show you what television shows you should watch on Netflix.



Continued on page 6...

• • •

BY: RAYNE

VIDEO GAMES



Fortnite is a video game that was created by Epic Games in 2017. The object of the game is to collect guns and battle with people to be the last one standing. You can play it on Play Station 4, Android, Nintendo Switch, Xbox One, iOS, Microsoft Windows and Macintosh Operating Systems. 10/10 I play it every day but only have 1 solo win.

Call Of Duty: Black Ops 4 is a game that will be published in October of 2018. It is a multi-player fighting game. You will be able to play it on Play Station 4, Xbox 1 and Microsoft Windows. 5/10, I've never played it before.



Grand Theft Auto V is an action adventure game that was made by Rockstar North in 2013 and published by Rockstar Games. The object of the game is to do missions or roam free and do what you want. You can play it on Xbox 360, Xbox 1, Play Station 3 and Play Station 4. 12/10, I used to play it often and have beat the game twice.

Who's ready for some new movies? I know I am 2018 has given us some really good movies now heres some new movies to end 2018 with and some to start off the new year 2019.



Halloween October 19, 2018

Laurie Strode comes to her final confrontation with Michael Myers, the masked figure who has haunted her since she narrowly escaped his killing spree on Halloween night four decades ago.

Predator September 14, 2018

When a young boy accidentally triggers the earth's most lethal hunters' return to Earth, only a ragtag crew of ex-soldiers and a disgruntled science teacher can prevent the end of the human race.



Captain Marvel March 8, 2019

Carol Danvers becomes one of the universe's most powerful heroes when Earth is caught in the middle of a galactic war between two alien races.

IT chapter 2 September 6, 2019

27 years later, the Losers Club have grown up and moved away, until a devastating phone call brings them back.



Continued from page 5...

NETFLIX SHOWS

BY: BRENDA

Another show that you should watch on Netflix is On My Block. Some of you have already watched it if you are in Coach Curry health class. On My Block is about four teenage friends, trying to navigate the world of high school. On My Block season 1 is already out on Netflix. Season 2 will be out in the next year or so.



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Another show you should watch on Netflix is called Shameless. The show is about a single father of six children, Frank Gallagher, who likes to spend most of his time drinking and going out, while the six children are taken care by their oldest sister, Fiona Gallagher. There is 8 seasons of Shameless. The 9th season will be out this September on ShowTime.

And one the last shows you should watch on Netflix is Stranger Things. This show is about a 12 year old boy, by the name of Will Byers, who goes missing. His mother, Joyce Byers, and his friends, Mike Wheeler, Lucas Sinclair and Dustin, launch an investigation to find him. But when they are trying to find answers as to why Will went missing, they discovered a whole lot more. Right now, on Netflix, there are 2 seasons. Season 3 will be coming out in 2019.



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Signs of a Toxic Friendship

1. They Gossip

They talk behind your back and spread rumors about you.

2. They Criticize

They lack consistency in their words. They're like snipers. Their advice is a kick-to-the-stomach that makes you feel small and embarrassed.

3. Untrustworthy

They spill all your secrets, destroying the trust you confined to them.

4. They're self-centered

They only care about themselves, they ignore how you feel, and they offer help when it's convenient to them and not you.

5. They're Jealous of your success

They are never happy for you when something good happens and will find a way to make you feel bad.

6. They discredit you

They spread lies about you, hold you in low self-esteem, and doubt you for everything.

7. They're freeloaders

They take advantage of your kindness and will give you nothing in return and act like it's your problem.

8. They're bullies

They use your emotions to attack you, they will point out your flaws and make you lose confidence. Your morale (self-esteem) gets destroyed and you end up psychologically damaged.

HOW TO BE HAPPY

*delete the toxic people
in your life*

**Do not
surround
yourself with
people who
are not
teachable.**

AUTHOR
LAWRENCE
THEGOODVIBE.CO

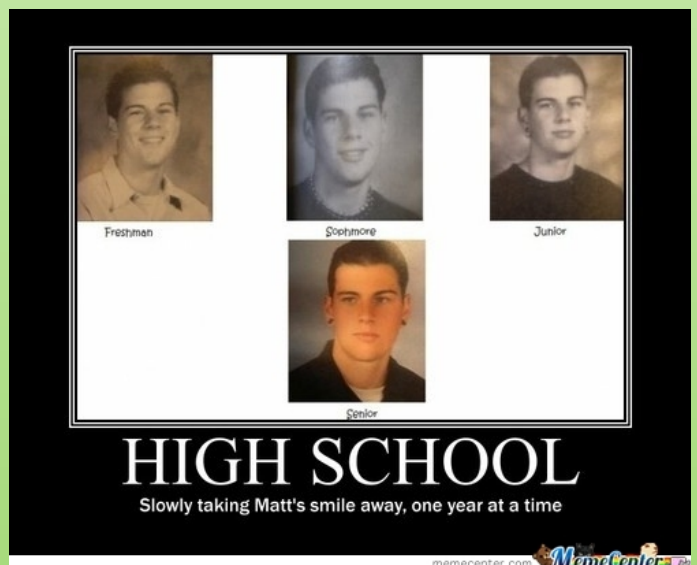


SCHOOL SPEAKERS

On September the 10th there was a presentation titled "Planned Parenthood" in Coach Curry's health class. There the speaker helped student learn about STI (Sexual Transmitted Infections) and Birth Control. All of this is to create awareness and prevention. They learned that there's different types of STI and that some are cured and others can be treated. They also learn that birth control is to prevent pregnancy and to help plan the timing for a pregnancy. We were only allowed to take pictures of the presenter but not the presentation do to confidentiality. There are many places in Albuquerque, NM where you can get tested for STI, for example Planned Parenthood, School based Clinic, hospital and even family doctors. There is also a text line for teens in case you have any question.



BY- Miriam Cortez



DEALING WITH TRAGEDY

by Marilyn Manson

There is not a handbook one can use or follow when tragedy occurs. When tragedy happens, clarity of conscious is blurred by a cloud of grief. Recently at the school, we experienced the death of a student. This student was a great person; this person had a tremendous and contagious personality. Her personality is what people have and will remember. But as the grieving process ensues, getting over tragedy doesn't always follow a clear path. Bumps, ups-and-downs occur utterly halting the grieving process. But there are ways to deal with tragedy. Some things work for some, while other things work for others. For some of us, we have our own grieving process while many others need structure. It is best to pick and choose what works best for you *and* what is most attainable for you.

These are the traditional stages of grief. While these do hold true, many may not follow this traditional path and may need other coping strategies to help them through their struggles. Furthermore, you may not deal with a tragedy in the order of these steps.

Here are other alternative pieces of advice.

Accept what cannot be changed.

While this is the last step of the traditional grieving stages, some may want to encounter this first and in a different manner. Death and tragedy is not something that can be blindly accepted. Instead, you must accept that the tragedy has occurred and there is not a thing you can do about. You have no control to bring a person back. You can, however, control how

you react. This is where accepting what cannot be changed come in. Death is permanent; death is not a PlayStation game where you can 'spawn' back into action. It is set. You must confront and deal with that. Accept it. This may be the most difficult thing to deal with but it must be confronted. "If you find yourself in a position where there is nothing more you can do to make a situation right, you need to come to terms with that," says Christina DeBusk. Some things are just out of our control and we must confront and deal with that.

Let your emotions out. This is personal. I am not an emotional person. I think expressing emotions is a good thing for people to do but, for me, it does not help me in many situations. I'm a thinker; I like to make time to ponder situations and think existentially about them. My wife and others plead with me to say how I feel and let my emotions expose the light of day but it does not work for me. For most others, though, letting your emotions come to fruition can be beneficial. We all

have emotions. Letting those emotions out is a good thing. You should feel those emotions in whatever way best suites you. I like to think and remain busy while others like to talk about how they are feeling. Some people like to have a good cry. Great! Go for it! Do what feels right for you. But you have to feel your emotions and let those emotions transpire, however you feel best.

Surround yourself with loved ones.

Although you may still be in shock or still dealing with your grief, at some point you should be around people, especially people that can brighten your mood up. Go to a movie, binge Netflix, or just walk around the mall. It doesn't matter what you do just surround yourself with people again. It

may be difficult at first but eventually it will bring you peace and enjoyment.

Use the situation to gain

perspective. When a traumatic event occurs, try to look at it as a learning experience. I like to think of this from time-to-time: if I died today, would I regret anything or wish I had done something? If you answer yes to either one, use the tragedy to propel you to do something for yourself to make yourself happy. Maybe do something you have always wanted to do, travel to a place you've always desired, or finally talk to your crush. Life is short, if you think about it, so try to live it as if it is worthy. In the daily grind of life, it is easy to forget that we can lose perspective on life. Enjoy life. Continue life. Embrace life.

Take care of yourself. Your health is important. Make sure to eat. Make sure to sleep. Make sure to bathe. Make sure to be safe. Take care of yourself. Remember, sometimes it is OK to be selfish. Take care of *yourself* and once *you* are OK, *you* can help others.

Know that time does heal. The old saying goes that time heals all wounds. As cliché as it is, it rings truth. I lost one of my best friends not long ago. He was my bro; we did a lot together. I remember thinking that his death would stay with me, especially after burying him. Eventually, though, as time passed, I felt better. I missed my bro and thought about him a lot, but it did get easier for me. Time does heal.

Other tips from Ms. Jody:

1. Pray.
2. Sleep.
3. Talk to close friends.
4. Thinking of all the people you love.
5. Think of all the things you are grateful for.

Combine these tips with the ones described above, and seek out help from Ms. Jody, and before you know it, you will be as good as new.

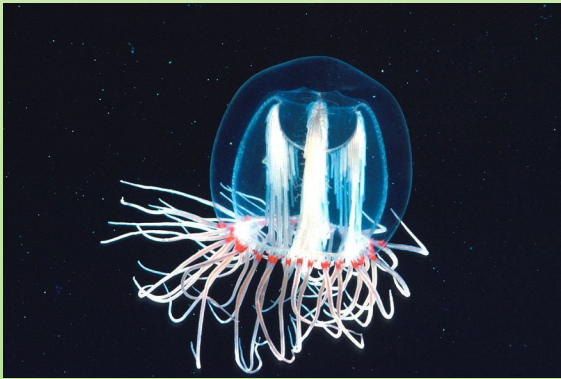


RIP MAC MILLER

Beloved American rapper Mac Miller was reported dead at the age of 26 on Friday September 7, 2018. His death is said to be an apparent drug overdose, his autopsy has been completed, but results will not be announced until more laboratory tests are complete, which can take weeks. Previously being addicted to promethazine and codeine which at the time he was using to "deal with stress," and eventually completely lost himself "my friends couldn't even look at me the same anymore." This tragic event has upset many, including his fans, but especially his ex Ariana Grande who said she "can't believe" he's gone. Wherever you are now Malcolm, I'm sure you're doing great things. R.I.P. Legend.



IMMORTAL JELLYFISH?



Turritopsis nutricula more commonly known as "The Immortal Jellyfish," is faced with a different path when they reach the end of their maturity stage, they return to a juvenile state where they are sexually immature, and all their cells transform back to their polyp form, and they can live for as long as they can survive without being eaten or killed by another being. Although this species of jellyfish has never been kept and observed in a

laboratory for an extended period of time, there is really no other way to actually predict if this jellyfish is biologically immortal or not, but the fact that they have the ability to return to a young stage by transforming their cells is enough to assume they are in fact immortal.

Last week we had the visit of Sargent Lujan she has been in the military 6 years. The Students in Coach Curry's class had the opportunity to ask Sargent Lujan questions about the National Guard and Military the some of questions where the following.

Q.What is the ASVAB?

A.The ASVAB is an aptitude test that ingressing people take to determine is there eligible to ingress.

Q. Can women go in war?

A. Yes all women can go to war.

Q.What are is a benefit of joining the military?

A.Education.

Q.What are the branches of the military?

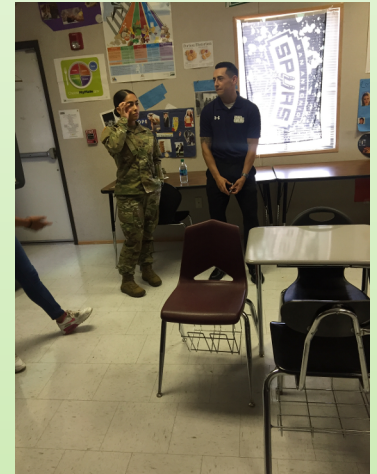
A.Marines, Navy, Air Force, Army and the Coast Guard.

Q.What is basic training?

A.Basic Training is to teach entering soldiers how to become a soldier.

Q.Do you need a high school diploma to get in the military?

A.You don't need a diploma to enter.



Story by Gisela Hernandez

SHIRECE SPORTS

GAME WEEK SCORE BOX

Week 1 was interesting, with the Eagles victory over the Falcons stopping Julio Jones. The Browns with a exciting game thriller that headed to OT. The steelers missing the field goal to put it away Browns could not execute and take the game for 1st win since 2016. The Ravens smacked the Bills. The Buccaneers won with back up QB who is looking to take the suspended Winston.

2018 NFL PICK'EM WEEK 3

Thursday, Sep. 20

<input type="checkbox"/> N.Y. Jets	at	Cleveland	<input type="checkbox"/>	8:20 pm
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Sunday, Sep. 23

<input type="checkbox"/> New Orleans	at	Atlanta	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> San Francisco	at	Kansas City	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> Oakland	at	Miami	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> Buffalo	at	Minnesota	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> Indianapolis	at	Philadelphia	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> Green Bay	at	Washington	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> Cincinnati	at	Carolina	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> Tennessee	at	Jacksonville	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> Denver	at	Baltimore	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> N.Y. Giants	at	Houston	<input type="checkbox"/>	1:00 pm
<input type="checkbox"/> L.A. Chargers	at	L.A. Rams	<input type="checkbox"/>	4:05 pm
<input type="checkbox"/> Chicago	at	Arizona	<input type="checkbox"/>	4:25 pm
<input type="checkbox"/> Dallas	at	Seattle	<input type="checkbox"/>	4:25 pm
<input type="checkbox"/> New England	at	Detroit	<input type="checkbox"/>	8:20 pm

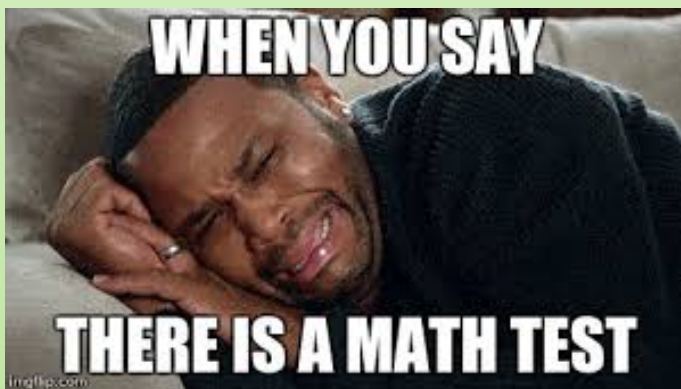
Monday, Sep. 24

<input type="checkbox"/> Pittsburgh	at	Tampa Bay	<input type="checkbox"/>	8:15pm
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Tiebreaker: Total Points Scored in Monday Night Football Game _____

Name _____ Total Correct _____

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Unscrambled names of our white tiger pen staff:

Names: Crystal, Miriam, Isabelle, Shirece, Alejandra, Lily, Nate, Gisel, Victor, Brenda;

1. Lisge

A:

2. Aiimrm

A:

3. Rasytcl

A:

4. Covtri

A:

5. Dbanre

A:

6. Tean

A:

7. Laleebis

A:

8. Herseci

A:

9. iyll

A:

10. RnajealAd

A:



when you hear someone talking about you behind your back



Canelo Alvarez vs Gennady Golovkin

A.K.A GGG 2!

Boxer	Canelo Álvarez	Gennady Golovkin
Nickname	Canelo	GGG
Hometown	Guadalajara, Mexico	Karagandy, Kazakhstan
Pre-fight record	49–1–1 (34 KO)	37–0–0 (33 KO)
Height	5 ft 9 in (175 cm)	5 ft 10.5 in (1.79 m)
Weight	160 lb (73 kg)	160 lb (73 kg)



Canelo Alvarez

**Gennady Golovkin
aka GGG**

Las Vegas- When Canelo Alvarez was awarded a surprise draw against Gennady Golovkin on Mexican independence day weekend last year, there was a heavy controversy.

But this time , in another hard fought battle , Alvarez claimed a majority decision victory in the years biggest fight to take the unified middle weight world champion ship from Golovkin on Saturday night before a sellout crowd of 21,965 at T mobile arena.

Alvarez's victory ended Golovkin's undefeated run and his historic 160 pound title reign at a division record 20 defenses, a streak he shares with golden boy promotions partner Bernard Hopkins. Hopkins was ring side and had made no secret in the lead up to the fight that he wanted his man to win not only for the sake of the company but for his record.

Judges Dave Moretti and Steve Weisfield scored the fight 115-113 for Alvarez, and Glenn Feldman scored it 114-114. ESPN.com also scored it 114-114.

In my opinion i think GGG should have won because of the scores were Canelo won 4 round and GGG winning 8 rounds which made the score 112 to 116. GGG with 116 and Canelo with 112.

CONTACT



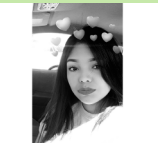
MIRIAMCORTES-MORALES

Senior Staff Writer, Editor



ISABELLE ROMO

Designer, Editor, Writer



GISEL HERNANDEZ

Writer



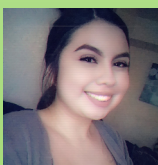
SHI'RECE BELL

Writer



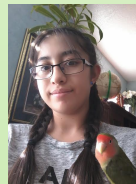
CRYSTAL MANCILLA

Writer



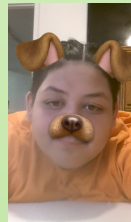
ALEJANDRA SALDIVAR

Writer



LILY ANGEL

Writer



NATE STREAM

Writer



RAYNERANDELL

Writer



BRENDA DE LA CRUZ

Writer

YOUR TIGER VOICE

Have an idea for a story? Speak to one of our writers or editors, or email us at the penofthetiger@gmail.com